

Renew and Retreat

Cultivating the inner
garden

SUFI SESHIN

A Winter's day of Retreat

During Sesshin, we alternate the practice of
silent sitting meditation, looking within,
with the heart opening practice of
Dances of Universal Peace and Zikr.

Saturday
March 4

10am - 5pm



Guided by
Halima and Abraham Sussman



Friends Meeting House

5 Longfellow Park
Cambridge MA 02138

Sliding scale \$60 - \$100

Let us know if you are attending!!

Pre registration requested

Email Abraham northeastsufis@gmail.com

Or call SAMA 617-876-5272