

Renew and Retreat

*'Now is the time to unite the
soul and the world.*

*Now is the time to see the sunlight
dancing as one with the shadows.'*

(Rumi)

SUFI SESHIN

A Winter's day of Retreat

During Sesshin, we alternate the practice of
silent sitting meditation, looking within,
with the heart opening practice of
Dances of Universal Peace and Zikr.

Saturday
February 3

9:30am - 5pm



Guided by
Halima and Abraham Sussman



Friends Meeting House

5 Longfellow Park
Cambridge MA 02138

Sliding scale \$60 - \$100

Let us know if you are attending!!

(Lunch included when you register by 1/15)

Pre registration requested

Email Abraham northeastsufis@gmail.com

Or call SAMA 617-876-5272



To Register for the Sufi Sesshin on February 3, 9:30-5
The suggested exchange is \$60-100 sliding scale, your choice.

To pay by check: Make check payable to SAMA
And mail to SAMA , 6 Upton St. Cambridge MA 02139

Please include your

Name:

Email:

Address:

Phone:

To pay through paypal:

1) Email us at northeastsufis@gmail.com that you are coming and include your name and address so we can send you the welcome orientation.

2) Pay through paypal at northeastsufis@gmail.com.

If you have any questions, please call Abraham at 617-876-5272

*A light vegetarian lunch of soup, salad, and fresh bread is included for those who pre-register! If you have special food needs please bring what you need.